

Reflection in Scouting

Thorns and Roses is a “technique for bettering group relations” and is often used by Philmont Crews for reflection on a day’s activities. Read about it at <http://www.longpeakbsa.org/resources/thornsroses.shtml>

Thorns and Roses is a way to reflect on the day or an activity. It is a great way to end a campout. The boys get to talk about what they didn't like (thorn) and what he liked (rose). We now add a bud (what they are looking forward to). This is a great way to also receive feedback. It is a great way for the boy leaders to receive feedback.

"Brother Fishguts, the boys didn't like this. Maybe we could do it a different way next time."

From: <http://varsityteamvenue.blogspot.com/2011/09/thorn-roses-and-buds.html>

I'd like to know about what you thought were the best parts (roses), the worst part (thorns) as well as what we should look at either starting for the next shakedown, what we should stop doing, and what we should continue doing.

From a Philmont Shakedown blog at

<http://troop9bsa.com/philmont/2008/03/22/roses-thorns-shakedown-march-20-22/>

The blog above serves as a segue from Thorns-Roses-Buds to Start-Stop-Continue, another reflection technique.

Getting Feedback from Students

Around the semester midpoint it's a good idea to solicit feedback from students about how the course is going. Mid-semester feedback:

Provides an opportunity to show that you're listening to student concerns.

Provides an opportunity for you to refocus, if necessary.

Start-Stop-Continue

Asking “how's it going?” doesn't usually get much concrete, actionable feedback, however. You're more likely to get some focused answers if you ask focused questions.

One approach is the start-stop-continue. Ask students to tell you:

What you should start doing.

What you should stop doing.

What you should continue doing.

From: Boston University's Center for Excellence & Innovation in Teaching,

<http://www.bu.edu/ceit/faculty-development/evaluation-of-instruction/start-stop-continue/>

Start-Stop-Continue video

<https://www.youtube.com/watch?v=-DVaG02VYJw>

A variation on Start-Stop-Continue is Start-Stop-Change-Continue (SSCC).

From Northern Arizona University, see

<http://hr.nau.edu/sites/default/files/files/Stop%20Start%20Change%20Continue.pdf>

Start Stop Continue Change

<https://rapidbi.com/stopstartcontinuechangemodel/>

Here are references to guidelines for conducting reflections after Scout activities:

<http://www.boyscouttrail.com/reflect.asp>

ILST syllabus, page 12-13

[https://www.scouting.org/wp-content/uploads/2018/07/721-07218-ILST-Facil-Training WEB.pdf](https://www.scouting.org/wp-content/uploads/2018/07/721-07218-ILST-Facil-Training_WEB.pdf)

Ideas from business

SWOT

SWOT stands for “Strengths, Weaknesses, Opportunities, Threats”.

SWOT analysis is a technique of business and organization evaluation and planning.

<https://www.investopedia.com/terms/s/swot.asp>

SMART goals

SMART stand for Specific, Measurable, Achievable, Realistic, Time-related.

https://en.wikipedia.org/wiki/SMART_criteria