

## **Cub Scout Family Camping Suggestions of items to pack:**

### **Individual Scout packing list:**

#### Back Pack-

- Cub Scout Essentials
  - *Survival kit*
    - First aid kit (see below)
    - Filled water bottle, canteen, camel back (at least 1)
    - Flashlight w/ extra batteries
    - headlamp
    - Sunscreen & bug spray (SPF 30+)
    - Whistle & small mirror
    - Rain gear (poncho, rain coat/pants)
    - Matches (waterproof if able)
  - *First aid kit:*
    - 6 adhesive bandages (Band-Aids)
    - Two 3-by-3-inch sterile gauze pads or pieces of cloth
    - One small roll of adhesive tape (medical/athletic/duck)
    - One 3-by-6-inch piece of moleskin
    - One small bar of soap or travel-size bottle of hand sanitizer
    - One small tube of antibiotic ointment
    - One pair of scissors
    - One pair of non-latex disposable gloves (optional)
    - One CPR breathing barrier (if able)
    - Pencil and paper
    - 1 strap 1.5-2 inches in width, 12-24 inches long with some type of buckle or fastener (belt, cloth, etc...)
  - Hygiene Kit
    - Toothbrush & toothpaste
    - Towel & washcloth
    - Soap & shampoo
  - Extra set of shoes (closed toed), socks, shirt, & light coat
  - Map/compass
  - Binoculars (if able)
  - 20 feet of small rope
  - Mess kit/eating utensils
  - Cub Scout book (tiger/wolf/bear/webelos)

### Gear box-

- Sleeping bag
- Pillow
- 1 x Extra clothes (shirt, pant, short, socks)
- Hat if desired
- Sleeping pad
- Tent
- Tarp/poncho
- Lantern
- Camping Chair
- Sandwich bags

### **Each Person:**

Sleeping bag  
Sleeping pad (for comfort – foam, cot, etc)  
Fork, knife, spoon, plate, cup  
Flashlight – with extra batteries  
Clothes  
Extra Socks  
Hat  
Appropriate Cub Scout Book  
Cub Scout leader uniform  
Pajamas or sleepwear  
Jacket, gloves, and warm cap, as required by weather  
Durable, closed toed shoes  
Canteen or water bottle  
Toiletries

### **Each Family:**

Tent  
Tent stakes  
Rubber mallet  
Ground cloth  
Camp chair(s)  
Bug spray  
Sun screen  
Toilet paper  
Igloo cooler  
Binoculars / Telescopes  
Nature guides / Books  
Fishing gear

**General Cooking Supplies- Pack Items****Cooking Utensils:**

Can opener  
Bottle opener  
Tongs  
Cooking spatula  
Hot Pads  
Frying Pan/ Skillet / Pots  
Cutting Board and knife  
Coffee Pot  
3 large bowls, or tubs – for clean-up (2)  
(same size, for easy stacking)

**Basic Cooking Supplies:**

No stick canola oil spray  
Salt and pepper  
Coffee  
Sugar and artificial sweetener  
Powdered creamer  
Hot chocolate packets  
Worcestershire sauce  
Tabasco sauce  
Charcoal / Propane

**Other Miscellaneous Items:**

Matches  
Fire starter sticks  
Propane Camp stove  
Propane Lantern  
Extra propane cylinders  
Fire Extinguisher and/or Fire bucket  
Shovel (for fire)  
Firewood  
Tents  
Chairs  
Tarps

**Paper / Plastic:**

Aluminum foil  
Plastic wrap  
Freezer bags – large storage and sandwich size.  
  
Tall kitchen bags with draw string(for trash)  
Paper napkins  
Paper towels  
Plastic silverware, plates, and cups

**Cleaning supplies:**

Dish soap  
Bleach  
Plastic scrubber  
Sponge

**Each Den:**

Rainy Day Activities  
Safety Notebook (with completed Med forms)  
First Aid Kit